

Sizing Chart (Body Measurements)

- Ribbed Leggings
- Zip Leggings
- Plain Leggings
- Sherrie Leggings
- Melissa Jeggings
- Dungarees

INCHES

UK SIZE	4	6	8	10	12	14	16	18	20	22	24	26	28
WAIST	23 - 25	24 - 27	26 - 28	28 - 30	30 - 33	33 - 35	35 - 37	35 - 40	38 - 41	40 - 43	42 - 45	44 - 47	46 - 49
LOWER HIP	30 - 32	31 - 33	34 - 37	37 - 39	39 - 41	41 - 44	43 - 48	48 - 51	50 - 53	52 - 57	52 - 58	53 - 60	54 - 61

CM

UK SIZE	4	6	8	10	12	14	16	18	20	22	24	26	28
WAIST	58.4 - 63.5	61 - 68.6	66 - 71.1	71.1 - 76.2	76.2 - 83.8	83.8 - 88.9	88.9 - 94	88.9 - 102	96.5 - 104	102 - 109	107 - 114	112 - 119	117 - 124
LOWER HIP	76.2 - 81.3	78.7 - 83.8	86.4 - 94	94 - 99.1	99.1 - 104	104 - 112	109 - 122	122 - 130	127 - 135	132 - 145	132 - 147	135 - 152	137 - 155

Fitting

The trousers do have a stretch, but not as much as casual leggings. You do not want any garment to be too tight and put constant stress on the seams or feel uncomfortable. If you are in-between sizes I suggest go for the bigger size, our customer feedback is that the leggings are true to size.

Leg Length

	PETITE / SHORT	REGULAR	TALL / LONG
INSEAM	28	31	34
HEIGHT	57 - 63	63 - 67	67 - 72

Note: Approximate, depending on build. Important to ensure knee protection sits on the knee in the right place!

Measurement instruction

Waist

Keeping the measuring tape parallel to the ground, measure around your waist at the narrowest point of your torso. Make sure to keep one finger in between the tape and your body

Lower Hip

Stand with your heels together and measure around the fullest part of your hips, keeping the measuring tape parallel to the ground.

Inseam

Measure along the inside of the pant leg from the crotch to the bottom opening. The number of inches is the inseam length, rounded to the nearest 1/2 inches.



Intl. Conversion Size Chart

UK	IT	FR	US	SA
4	36	32	2	28
6	38	34	4	30
8	40	36	6	32
10	42	38	8	34
12	44	40	10	36
14	46	42	12	38
16	48	44	14	40
18	50	46	16	42
20	52	48	18	44
22	54	50	20	46
24	56	52	22	48
26	58	54	24	50
28	60	56	26	52